



Signs & Symptoms	Cold	Coronavirus	Flu	Food Poisoning	Gastroenteritis	Meningitis	Pneumonia	Strep Throat
Incubation Time	1 - 3 Days	2 - 14 Days	1 - 4 Days	30 minutes to 8 hours after eating tainted food	24-48 hours after exposure to virus	2 - 10 Days	12 hours to 3 Days	2 - 5 Days
Aches and Pains	NA	Often	Often	Often	Often	Often	Often - Sharp, Stabbing chest pain on inhalation	NA
Breathing Difficulty or Shortness of Breath	Rare	Often	Rare	NA	NA	Often in the form of fast breathing	Often	NA
Cough	Sometimes	Often - Dry	Often - Dry	NA	NA	Rare	Often - Productive with yellow, green mucus - sometimes bloody	NA
Diarrhea	NA	Rare	Sometimes in Children	Often and sometimes bloody	Often	Rare	Rare	NA
Fatigue	Sometimes	Often	Often	Often	Often	Often	Often	NA
Fever >100.3°F (38°C)	Rare	Often	Often	Often	Often	Often	Often	Often
Headaches	Rare	Often	Often	NA	Often	Often		NA
Loss of Taste or Smell	Rare	Often	Rare	NA	NA	Rare	Rare	NA
Rash	NA	NA	NA	NA	NA	Often - Rash that does not fade with pressure	NA	NA
Runny/Stuffy Nose	Often	NA	Rare	NA	NA	Rare	NA	NA
Sneezing	Often	Rare	Rare	NA	NA	Rare	Rare	NA
Sore Throat	Often	Sometimes	Sometimes	NA	NA	Rare	NA	Often
Stiff Neck	NA	NA	NA	NA	NA	Often	NA	NA
Stomach Cramps	NA	NA	NA	Often	Often	Rare	NA	NA
Vomiting/Nausea	NA	Sometimes	Sometimes	Vomit offensive odor. Often undigested food.	Often. Sometimes projectile vomiting.	Often	Sometimes	NA
NOTES		Immediate evacuation	Evacuate	Perform SAMPLE History. Question anyone else in the group that consumed the suspected tainted food. Evacuate.	“Stomach bug” and “stomach flu” are both terms for viral gastroenteritis. Usually resolves itself in 24 hours “24 Hour Bug.” Evacuate. See Page 11 to confirm.	See Page 47 Meningitis Immediate evacuation	See Page 12 Chest Pain Considerations Immediate evacuation	Red and swollen tonsils, sometimes with white patches or streaks of pus. Tiny, red spots on the roof of the mouth. Swollen lymph nodes. Immediate evacuation